



A 3-day workshop with Nishant Matthews

# HEART OF PRESENCE

SEPTEMBER 10-13 2020 IN FINLAND

Heart of Presence is a way of living in tune with your unique being. It is also being in touch with the new world that is unfolding around you. In this workshop you will learn the art of being yourself: Living in Attunement and Fearless Presence. The outcome is a settled, relaxed way of being yourself and allowing the gifts inside you to co-create a better world for all of us.

Workshop is facilitated by Nishant Matthews. Nishant is an American therapist who combines the analytic skills of classical psychology with the insight approach of Buddhist meditation and Psycho-Shamanism.

Registration: <https://bit.ly/2R7Sox5> | More information: [ahuti.km@gmail.com](mailto:ahuti.km@gmail.com)